



Oregon Park District

August 20, 2011 - June 1, 2012 Pool Schedule						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Sunday swim hours will start Sunday, October 9.	Lap Swim 6:00 am-7:30 am	Lap Swim 6:00 am-7:30 am	Lap Swim 6:00 am-7:30 am	Lap Swim 6:00 am-7:30 am	Lap Swim 6:00 am-7:30 am	
						Lap Swim 7:30 am-9:00 am
	Water Aerobics 8:30 am-9:30 am	Water Aerobics 8:30 am-9:30 am	Water Aerobics 8:30 am-9:30 am	Water Aerobics 8:30 am-9:30 am	Water Aerobics 8:30 am-9:30 am	Deep Water Aerobics 9:00 am-10:00 am
	Multi-Use 9:30 am-10:30 am	Multi-Use 9:30 am-11:30 am	Multi-Use 9:30 am-10:30 am	Multi-Use 9:30 am-11:30 am	Multi-Use 9:30 am-10:30 am	Multi-Use 10:00am-10:30am
			Twinges 10:30am-11:30am		Twinges 10:30am-11:30am	
	Lap Swim 11:00 am-1:00 pm	Lap Swim 11:30 am-1:00 pm	Lap Swim 11:30 am-1:00 pm	Lap Swim 11:30 am-1:00 pm	Lap Swim 11:30 am-1:00 pm	
Open Swim 12:00pm-4:00pm		Twinges 1:00 pm-2:00 pm		Twinges 1:00 pm-2:00 pm		Open Swim 1:00 pm-4:00 pm
Lap Swim 4:00 pm-6:00 pm						
	Lap Swim 5:15 pm-6:30 pm	Lap Swim 5:15 pm-6:30 pm	Lap Swim 5:15 pm-6:30 pm	Lap Swim 5:15 pm-6:30 pm	Lap Swim 5:15 pm-6:30 pm	
	Aqua Zumba 6:30 pm-7:00 pm	Multi-Use 6:30 pm-7:30 pm	Aqua Zumba 6:30 pm-7:00 pm	Multi-Use 6:30 pm-7:30 pm	Open Swim 6:30 pm-8:45 pm	
	Water Aerobics 7:00 pm-8:00 pm		Water Aerobics 7:00 pm-8:00 pm			Open Swim 7:30 pm-8:45 pm
		Open Swim 7:30 pm-8:45 pm		Open Swim 7:30 pm-8:45 pm		