

Nash Pool Schedule

May 30th – August 15th 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Lap Swim 6:00-8:00 am	Lap Swim 6:00-8:00 am	Lap Swim 6:00-8:00 am	Lap Swim 6:00-8:00 am	Lap Swim 6:00-8:00 am	
	Water Aerobics 8:00-9:00 am	Water Aerobics 8:00-9:00 am	Water Aerobics 8:00-9:00 am	Water Aerobics 8:00-9:00 am	Water Aerobics 8:00-9:00 am	Lap Swim 7:30-9:00 am
	Multi Use 9:00-10:30 am	Multi Use 9:00-11:30 am	Multi Use 9:00-10:30 am	Multi Use 9:00-11:30 am	Multi Use 9:00-10:30 am	Multi Use 9:00-10:30 am
			Twinges 10:30-11:30 am		Twinges 10:30-11:30 am	
	Lap Swim 11:30-1:00 pm	Lap Swim 11:30-1:00 pm	Lap Swim 11:30-1:00 pm	Lap Swim 11:30-1:00 pm	Lap Swim 11:30-1:00 pm	
		Twinges 1:00-2:00 pm		Twinges 1:00-2:00 pm		Open Swim 1:00-4:00 pm
	Open Swim 2:00-5:00 pm	Open Swim 2:00-5:00 pm	Open Swim 2:00-5:00 pm	Open Swim 2:00-5:00 pm	Open Swim 2:00-5:00 pm	
	Lap Swim 5:00-6:30 pm	Lap Swim 5:00-6:30 pm	Lap Swim 5:00-6:30 pm	Lap Swim 5:00-6:30 pm	Lap Swim 5:00-6:30 pm	
	Multi Use 6:30-7:00 pm	Multi Use 6:30-7:30 pm	Multi Use 6:30-7:00 pm	Multi Use 6:30-7:30 pm	Multi Use 6:30-7:30 pm	Open Swim 6:30-8:45 pm
	Water Aerobics 7:00-8:00 pm		Water Aerobics 7:00-8:00 pm			
		Open Swim 7:30-8:45 pm	Open Swim 7:30-8:45 pm			

*** The Hot Tub is open any time the pool is open for use. ***