



# Oregon Park District

[www.oregonpark.org](http://www.oregonpark.org)

## 2011 Fall/Winter Activity Guide

September-December

*"We Create  
Fun  
For A Lifetime"*





## Board

### Board of Commissioners

Board President	Steve Pennock
Vice-President	Mark Tremble
Commissioner	Dave Bakener
Commissioner	Karen Churney
Commissioner	Gary Davis

### Meetings of the Park Board

Board meetings are held on the second Tuesday of each month at 7:00 pm at Nash Recreation Center. The public is encouraged to attend.

## Staff

### Administrative Staff

Executive Director	Jim Coutts
Business Manager	Dan Griffin
Customer Service Manager	Sarah Jones
Communications Supervisor	Brittany Tucker
Receptionist	Sherry McCormick

### Recreation Staff

Superintendent of Recreation	Erin Folk
Health Activities Coordinator	Jena Grover
Athletic Facility Manager	Jonathan Bakener
Event Coordinator	Debbie Leffelman
Recreation Program Manager	Oscar Martinez
Children's Center Coordinator	Nancy Kerwin
Natural Resources Manager	John Barnhart

### Environmental Services

Superintendent of Environmental Services	Don Griffin
Environmental Services Supervisor	Courtney Pankhurst
Maintenance	Bill Helfrick
Custodian	Mary Sansone

### Parks Department

Superintendent of Parks	Andy Egyed
Deputy Superintendent of Parks	Brent Suter
Park Laborer	Kendall Blumeyer
Park Laborer	Jamie Griffin



### Nash Recreation Center

304 South Fifth Street  
P.O. Box 237  
Oregon, IL 61061

### Blackhawk Center

1101 Jefferson Street  
Oregon, IL 61061

### Administrative Hours

Monday - Friday 9:00 am - 5:00 pm  
Oregon Park District Office  
Nash Recreation Center

(815)732-3101  
(815)732-RUBY - Hotline  
(815)732-3736 - Fax

### Nash Recreation Center Hours

Monday - Friday: 5:30 am - 9:00 pm  
Saturday: 7:00 am - 4:00 pm  
Sunday: 12:00 pm - 6:00 pm

### Nash Center Closings

Labor Day: Monday, September 5  
Autumn on Parade: Saturday, October 1  
Thanksgiving Eve: Wednesday, November 23 (close 5:00 pm)  
Thanksgiving Day: Thursday, November 24  
Christmas Eve: Saturday, December 24  
Christmas Day: Sunday, December 25  
New Year's Eve: Saturday, December 31  
New Year's Day: Sunday, January 1

### Mission Statement

"To provide quality service through programs, parks, and facilities to fulfill the needs of the community in a fun, safe and friendly environment."



Since 2008, the Oregon Park District has been recognized as an Illinois Association of Park Districts and Illinois Park and Recreation Association Distinguished Accredited Agency, the highest award a parks and recreation agency can receive in Illinois.

Nash will be closed on Sundays thru October 2 and will reopen October 9 for the fall/winter season.

## 5 easy ways to register for Oregon Park District programs, passes, and rentals!



### Including Online Registration

Registering for Oregon Park District programs is easier than ever! With our online registration system, you can:

- Use the search engine to find programs
- Find out if a program is available before registering
- Register when it's convenient for you, not just when our office is open
- Receive e-mail confirmations of online registrations

### Monthly Billing

The Oregon Park District is excited to offer you the ability to pay for your annual Nash Recreation Center pass on a monthly basis. See page 5 for full details.

### Stay updated on Oregon Park District programs and activities!

#### We'll Text You

Friends and participants of the Oregon Park District can now receive program and event updates on their cell phone via text message. To participate and begin receiving text message updates, please text OPD to 74422. This is the quickest way to receive special event reminders, program updates, and other important Park District information.

### Monthly E-Newsletter

The Oregon Park District wants you to know all of the recreational opportunities in the Oregon area. Update your e-mail address with us and we will send you our monthly e-newsletter.

### Activity Guide Release

The Oregon Park District issues three guides per year in April, August, and December. You can find the full Oregon Park District Activity Guide on the District's website at [www.oregonpark.org](http://www.oregonpark.org). The Activity Guide is also distributed in the Ogle County Life newspaper.



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# Fall/Winter Registration Begins September 1

See below for details.

## Annual Pass Holders

Annual pass holders will be allowed to register on Thursday, September 1. Resident annual pass holders will begin registration at 7:00 am and non-resident annual pass holders will follow at 9:00 am. Registration on September 1 can only be submitted by members of your immediate family.

## Non-Annual Pass Holders

Registration for non-annual pass holders will begin on Friday, September 2. Residents will begin at 7:00 am, followed by non-residents at 9:00 am.

## Residency

ID is required for proof of residency or a non-resident fee will be charged. A resident is an individual living in or owning real estate within the boundaries of the Oregon Park District. All Oregon School District students participating in youth team sports are considered residents.

## Fees

Fees must be paid at the time of registration by cash, check, or credit card. The first fee listed is the rate for Oregon Park District residents. The second fee is for non-residents. No registrations will be accepted without the proper payment.

## Class Changes

The Oregon Park District may cancel, postpone, combine classes, or change instructors. Classes may be cancelled due to insufficient enrollment and refunds will be issued. All participants will be notified of any scheduling changes or cancellations.

## Waiver Policy

The Oregon Park District requires all class participants and pass holders to sign a waiver release form. Waivers will be signed and kept on file at the Nash Recreation Center. Your registration is not considered complete until a signed waiver is on file.



## Registration

Oregon Park District offers 5 easy ways to register for programs, passes, and rentals!



**Online Registration** – Visit us at [www.oregonpark.org](http://www.oregonpark.org) to sign up for an online ID and register for any of our activities over the web. Online registrations will be accepted starting Monday, September 5.



**Mail-in Registration** – Send your payment and signed registration form to Oregon Park District, P.O. Box 237, Oregon, IL, 61061. Please remember to include a check or Visa/MasterCard number and expiration date. The Park District is not responsible for mail-in registrations not received.\*



**Fax-in Registration** – Fax a signed registration form to (815)732-3736. Please remember to include a Visa/MasterCard number and expiration date. Fax registrations will be accepted starting Tuesday, September 6.\*



**Drop-in Registration** – Stop in at the Nash Recreation Center and register for any of our activities, passes, or rentals.



**Phone-in Registration** – Call (815)732-3101 and one of our friendly receptionists would be happy to enroll you or your family. Phone-in registrations will be accepted starting Tuesday, September 6.

\*If you would like a receipt for either mail-in or fax-in registrations, remember to fill in your valid e-mail address.

## [www.oregonpark.org](http://www.oregonpark.org)

The Oregon Park District website includes information about programs and classes, parks, facilities, employment opportunities, and much more. Visit us online for updates.

## Program Refund Policy

- A full refund will be issued if the Park District reschedules or cancels a class.
- To withdraw from a program, a refund application must be completed.
- An administrative fee of \$5.00 shall be deducted from the amount of a refund to offset the cost of processing the refund. A full refund, less the fee, will be granted if the application for refund is filed with the office at least ten days prior to the scheduled start of the program/activity.
- Refunds will not be granted after the registration deadline.
- All program refunds are subject to Superintendent of Recreation's approval.
- Refunds will not be approved on Park District passes. Passes/cards are non-transferable.



## Passes & Daily Fees



Resident Fees	Student K - 12th	Adult 18 Yrs. +	Senior 60 Yrs. +	Senior Couple	Family *
<b>Annual Pass</b>	\$132	\$190	\$155	\$275	\$430
<b>Quarterly Pass</b>	\$44	\$55	\$50	\$85	\$132
<b>10 Punch Pass Card</b>	\$15	\$25	\$15	NA	NA
<b>Daily Fee</b>	\$2	\$3	\$2	\$3	\$9
<b>Auto Debit Monthly</b>	\$22 / \$11	\$31 / \$15.5	\$25 / \$12.5	\$45 / \$22.5	\$71 / \$35.5



Non-Resident Fees	Student K - 12th	Adult 18 Yrs. +	Senior 60 Yrs. +	Senior Couple	Family *
<b>Annual Pass</b>	\$158	\$228	\$186	\$330	\$515
<b>Quarterly Pass</b>	\$52	\$66	\$60	\$102	\$158
<b>10 Punch Pass Card</b>	\$20	\$35	\$20	NA	NA
<b>Daily Fee</b>	\$3	\$4	\$3	\$5	\$12
<b>Auto Debit Monthly</b>	\$26 / \$13	\$38 / \$19	\$31 / \$15.5	\$55 / \$27.5	\$85 / \$42.5

\*Family: Persons must reside in the same household. Each household is limited to two adults with the exception of full-time students between the ages of 18 and 24. An unlimited number of persons 17 and under can be included under a family membership.

### Passes & Daily Fees

A Nash Recreation Center pass or daily fee allows patrons to use the pool and whirlpool (during scheduled hours), gym, and fitness center.

### Racquetball & Wallyball

Racquetball court rental is included in the annual pass fee and is \$3.00/hour for non-annual pass holders. Wallyball court rental is \$5.00/hour.

### Specials

\$1.00 Sundays/Fridays at Nash! The daily fee for everyone is only \$1.00. \$1.00 Fridays are in effect through Friday, September 30. \$1.00 Sundays will begin on Sunday, October 9.

### Group Reservations

Groups of 15 or more will receive a 10% discount on daily fees if reservations are made at least 10 days in advance. Contact the Oregon Park District for reservation information and details about areas that would best suit your needs.

### Corporate Memberships

The Oregon Park District offers four corporate membership options for resident and non-resident companies. For more information call (815)732-3101.

### Lockers

The Oregon Park District has lockers available for rental to annual pass holders for the term of the pass. The resident fee is \$60.00 and non-resident fee is \$75.00.

### Mt. Morris Village Residents

Mt. Morris Village residents can register for all programs, memberships, facility rentals, and daily fees at the Oregon Park District resident rate.

### Automatic Monthly Payment Option

This is a convenient way to pay for your pass and selected programs. The automatic debit monthly fees are shown above. With your permission, automatic credit card charges will be made each month. The first amount is the initial payment that will be made when registering, followed by the amount of 10 equal payments to be charged on the 15th of each month.

### Gift Cards

Gift certificates are available for passes as well as our many programs. For more information, inquire at Nash.

### Nash Fitness Center

The Nash Fitness Center is over 6,000 square feet and features a three lane rubberized track that surrounds our CYBEX strength training machines, free weights, and cardiovascular equipment. Our friendly Fitness Center staff is available to set up an orientation for any and all users looking to begin a fitness routine.

### Age Restrictions

Children under the age of 5 are welcome to use the gym and pool area free of charge but must be accompanied by a parent or responsible person, 11 years or older. Participants must be 7th grade or older to use the Nash Fitness Center and 9th grade or older to use the free weights.

### Health Clearance

All users are asked to fill out a health history form. Anyone with prior health problems may be asked to obtain a doctor's release before being permitted to work out. All health forms and doctor's clearance forms are kept confidential.



### Nash Recreation Center Pool

The Nash pool features stairs to a 3 foot bay area attached to a 25 meter 6 lane pool. The deepest area is 10 feet. The pool is equipped with a new handicap chair lift to assist patrons in and out of the pool. After your workout you can enjoy the 13 person hot tub with both high and low jets.

### Multi-Use Swim

Multi-use swim is open to all ages, however, children are to be accompanied by an adult. Patrons may swim laps, play in the bay area, water jog in the deep end, or enjoy time in the hot tub. Swim lessons are scheduled during this time and will have first priority for pool use. Please be aware that areas of the pool may not be available.

### Open Swim

All areas of the pool are open for use, including our diving board and basketball hoop. Pool toys are allowed in the pool at the discretion of the aquatic staff.

### Lap Swim

Six lap lanes will be available for swimmers 7th grade or older. Swimming 32 laps is a one mile workout.

### Hot Tub Hours

The hot tub is available for use during lap swim, open swim, and multi-use swim. The hot tub can also be used during swim lessons, water aerobics, and twinges classes. You must be in high school or older to use the hot tub.

### Special Open Swims

Special open swim times will be held on the following days from 2:00 pm - 5:00 pm.

- Friday, August 26
- Thursday, September 1
- Tuesday, September 20
- Thursday, October 6
- Friday, October 7
- Monday, October 10
- Wednesday, October 26
- Friday, November 11
- Wednesday, November 23
- Friday, November 25
- Friday, December 16
- Thursday, December 22
- Friday, December 23
- Monday, December 26
- Tuesday, December 27
- Wednesday, December 28
- Thursday, December 29
- Friday, December 30
- Monday, January 2
- Tuesday, January 3

**All times and dates are subject to change.**

September 1, 2011 - June 1, 2012 Pool Schedule						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Sunday swim hours will start Sunday, October 9.	Lap Swim 6:00 am-7:30 am	Lap Swim 6:00 am-7:30 am	Lap Swim 6:00 am-7:30 am	Lap Swim 6:00 am-7:30 am	Lap Swim 6:00 am-7:30 am	
						Lap Swim 7:30 am-9:00 am
	Water Aerobics 8:30 am-9:30 am	Water Aerobics 8:30 am-9:30 am	Water Aerobics 8:30 am-9:30 am	Water Aerobics 8:30 am-9:30 am	Water Aerobics 8:30 am-9:30 am	Deep Water Aerobics 9:00 am-10:00 am
	Multi-Use 9:30 am-10:30 am	Multi-Use 9:30 am-11:30 am	Multi-Use 9:30 am-10:30 am	Multi-Use 9:30 am-11:30 am	Multi-Use 9:30 am-10:30 am	Multi-Use 10:00am-10:30am
	Lap Swim 11:00 am-1:00 pm	Lap Swim 11:30 am-1:00 pm	Lap Swim 11:30 am-1:00 pm	Lap Swim 11:30 am-1:00 pm	Lap Swim 11:30 am-1:00 pm	
Open Swim 12:00pm-4:00pm		Twinges 1:00 pm-2:00 pm		Twinges 1:00 pm-2:00 pm		Open Swim 1:00 pm-4:00 pm
Lap Swim 4:00 pm-6:00 pm						
	Lap Swim 5:15 pm-6:30 pm	Lap Swim 5:15 pm-6:30 pm	Lap Swim 5:15 pm-6:30 pm	Lap Swim 5:15 pm-6:30 pm	Lap Swim 5:15 pm-6:30 pm	
	Aqua Zumba 6:30 pm-7:00 pm	Multi-Use 6:30 pm-7:30 pm	Aqua Zumba 6:30 pm-7:00 pm	Multi-Use 6:30 pm-7:30 pm	Open Swim 6:30 pm-8:45 pm	
	Water Aerobics 7:00 pm-8:00 pm	Open Swim 7:30 pm-8:45 pm	Water Aerobics 7:00 pm-8:00 pm	Open Swim 7:30 pm-8:45 pm		



# Swim Lesson Registration

## September 1 - October 1

No registrations will be taken after the registration deadline.

### No classes will be held from November 21 - November 25

### Starbabies

#### Ages 6 months - 3 years

The focus of Starbabies is to help very young children become comfortable in the water while also teaching the parent or caregiver the importance of water safety. This class does not teach the child how to become an accomplished swimmer or to survive in the water. One parent or caregiver must be in the water for each child registered.

Fee: \$35/ \$42 NR

Code:	Date:	Day:	Time:
240010-01	10/11 - 12/6	Tue	6:30 pm - 7:00 pm

#### Level 1

The focus of Level 1 will be on trust, submersion, body position, and air recovery. This class will be taught in the bay area of the pool. Students will learn the fundamentals needed to be comfortable in the water.

Fee: \$40/ \$48 NR

Code:	Date:	Day:	Time:
240013-01	10/10 - 12/5	Mon	6:30 pm - 7:00 pm
240013-02	10/11 - 12/6	Tue	10:30 am - 11:00 am
240013-03	10/11 - 12/6	Tue	4:00 pm - 4:30 pm
240013-04	10/12 - 12/7	Wed	6:30 pm - 7:00 pm
240013-05	10/13 - 12/8	Thur	4:00 pm - 4:30 pm
240013-06	10/13 - 12/8	Thur	4:30 pm - 5:00 pm

#### Level 2

The focus of Level 2 will be on forward movement and direction change. Students will continue to build their independence in the water.

Fee: \$48/ \$58 NR

Code:	Date:	Day:	Time:
240014-01	10/11 - 12/6	Tue	4:30 pm - 5:15 pm
240014-02	10/11 - 12/6	Tue	6:30 pm - 7:15 pm
240014-03	10/12 - 12/7	Wed	11:15 am - 12:00 pm
240014-04	10/13 - 12/8	Thur	3:45 pm - 4:30 pm

#### Level 3

The focus of Level 3 will be on body rotation and integrated movement. Students will begin swimming full lengths of the pool. Diving and treading water will also be introduced.

Fee: \$48/ \$58 NR

Code:	Date:	Day:	Time:
240015-01	10/11 - 12/6	Tue	3:45 pm - 4:30 pm
240015-02	10/13 - 12/8	Thur	6:30 pm - 7:15 pm

### Swim Lesson Information

#### Age Groups & Swim Tests

Levels 1-6 are for ages 3 years and up. Swim tests can be administered at any open swim. Children being tested are not required to pay a daily fee.

#### Additional Child Discount

There is a \$5 discount for each additional family member in the same session of youth lessons.

#### Level 4

The focus of Level 4 will be to perfect the freestyle and backstroke. Instructors will use drills to improve students' stroke mechanics. Water safety skills will continue to be reinforced in this level.

Fee: \$48/ \$58 NR

Code:	Date:	Day:	Time:
240016-01	10/13 - 12/8	Thur	4:30 pm - 5:15 pm

#### Level 5

The focus of Level 5 will be to learn the butterfly and breaststroke. Students will learn the proper timing for both.

Fee: \$48/ \$58 NR

Code:	Date:	Day:	Time:
240017-01	10/11 - 12/6	Tue	4:30 pm - 5:15 pm

#### Level 6

The focus of Level 6 will be on swimming endurance. Students will work on increasing the distance they can swim. They will also learn open turns and flip turns.

Fee: \$48/ \$58 NR

Code:	Date:	Day:	Time:
240018-01	10/11 - 12/6	Tue	4:30 pm - 5:15 pm

### Private Swim Lessons

#### Ages 3 years & Up

Private lessons are 30 minutes of one-on-one instruction. Students may choose to focus on specific skills or work on all skills required to pass a swimming level. The number of lessons are up to you and are scheduled by the Health Activities Coordinator.

Code:	Day:	Fee:
240021-01	M-S	\$15/ \$18 NR





### StarGuard Class

#### Ages 16 years & Up

StarGuard is a nationally recognized lifeguard training program that teaches the skills needed to prevent and respond to aquatic emergencies. Candidates will receive hands-on training with actual equipment and realistic situations. Upon completion of a skills test and written test, participants will receive a certification in lifeguarding, First Aid, CPR/AED for the professional rescuer, and prevention of disease transmission. Attendance is mandatory and you must be 16 years of age upon completion of the course. Students are required to pass a water test on the first day of class and will not be allowed to continue the course without passing.

Code:	Date:	Day:	Time:	Fee:	Deadline:
240019-01	9/19 - 10/1	M/W	4:00 pm - 9:00 pm	\$85/ \$102 NR	9/8
		Sat	10:00 am - 3:00 pm		

### Water Aerobics

#### Ages 18 years & Up

Exercise your entire body without putting stress on your back and joints. This class will work on toning, cardiovascular strength, endurance, and flexibility.

\*No Class: 9/5, 11/23 pm, 11/24, 11/25

Date:	Day:	Time:
9/6 - 12/30	M/T/W/Th/F	8:30 am - 9:30 am
9/7 - 12/28	M/W	7:00 pm - 8:00 pm

Fee:

Drop-In Visit	\$4.50
5 Pass Visit	\$19/ \$23 NR
10 Pass Visit	\$33/ \$40 NR
15 Pass Visit	\$43/ \$52 NR

Pass expires 1 year after purchase.



**Register ANYTIME at [www.oregonpark.org](http://www.oregonpark.org)**

### Twinges

#### Ages 18 years & Up

Let the natural buoyancy and resistance of the water help you improve your joint strength and flexibility along with improving cardiovascular endurance while walking and jogging in the shallow end. Participants do not need to know how to swim.

\*No Class: 11/24, 11/25

Date:	Day:	Time:
9/6 - 12/29	T/Th	1:00 pm - 2:00 pm
9/7 - 12/30	W/F	10:30 am - 11:30 am

Fee:

Drop-In Visit	\$4.50
5 Pass Visit	\$19/ \$23 NR
10 Pass Visit	\$33/ \$40 NR
15 Pass Visit	\$43/ \$52 NR

Pass expires 1 year after purchase.

### Aqua Zumba®

#### Ages 14 years & Up

Aqua Zumba® gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, even shouting, laughing, hooting and hollering are often heard during an Aqua Zumba® class. Integrating the Zumba® formula and philosophy with traditional aqua fitness disciplines, Aqua Zumba® blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief. Drop-In Visit: \$4.50

\*FREE Class: 9/7

Code:	Date:	Day:	Time:	Fee:
240021-05	9/12 - 10/5	M/W	6:30 pm - 7:00 pm	\$30/ \$36 NR
240021-06	10/10 - 11/2	M/W	6:30 pm - 7:00 pm	\$30/ \$36 NR
240021-07	11/7 - 12/7	M/W	6:30 pm - 7:00 pm	\$30/ \$36 NR

### Deep Water Aerobics

#### Ages 18 years & Up

Deep Water Aerobics is a more intense workout than your typical water aerobics class. Working out in the deep end will allow you to get an intense cardiovascular workout without the impact. You will also increase your endurance, flexibility, and strength. Participants do not need to know how to swim. An aqua jogger belt will be provided.

Code:	Date:	Day:	Time:	Fee:
240021-03	9/10 - 10/29	Sat	9:00 am - 10:00 am	\$23/ \$28 NR
240021-04	11/5 - 12/17	Sat	9:00 am - 10:00 am	\$20/ \$24 NR



## Low Impact Fitness with Skip

### Ages 18 years & Up

Stay active longer with this low-impact program for all ages and abilities. This class focuses on flexibility, balance, bone strength, and cardiovascular fitness. Nutrition tips are often discussed as we exercise. Beginners are welcome. Purchase a 10-class punch card for \$35/ \$42 NR. Card expires 3 months after purchase date.

**\*No Class:** 9/26, 11/25

**Fee:** \$60/ \$72 NR **Drop-In:** \$4.50

Code:	Date:	Day:	Time:
260022-04	9/19 - 11/14	M/W/F	8:00 am - 9:00 am
260022-05	11/16 - 1/13	M/W/F	8:00 am - 9:00 am

## Early Rise Exercise with Aimee

### Ages 18 years & Up

Change your routine! Start your day with an invigorating workout. Warm up, work out, cool down, and get toned. This class includes fun music, easy moves, and a great workout. Come join us as part of your morning wake-up routine. Class is held at the Blackhawk Center. Purchase a 10-class punch card at Nash for \$35/ \$42 NR. Card expires 3 months after purchase date.

**\*FREE Class:** 9/7 & 9/9

**Fee:** \$72/ \$86 NR **Drop-In:** \$4.50

Code:	Date:	Day:	Time:
260022-01	9/12 - 11/4	M/W/F	5:50 am - 6:50 am
260022-02	11/7 - 12/30	M/W/F	5:50 am - 6:50 am

## Lifetime Fitness Concepts: Body Recall

### Ages 18 years & Up

This physical fitness program is for adults who wish to regain muscle tone and flexibility or for the person who is in a recuperative phase. Body Recall teaches self-management of your physical fitness through a work-made-fun philosophy. Exercises are designed to reclaim the variety of movement and strength that makes living pleasurable and creates lifetime independence.

**\*No Class:** 11/21, 11/23, 11/25

Code:	Date:	Day:	Time:	Fee:
260022-19	9/12 - 10/28	M/W/F	9:30 am - 10:30 am	\$35/ \$42 NR
260022-20	10/31 - 12/23	M/W/F	9:30 am - 10:30 am	\$35/ \$42 NR

To prevent the cancellation of classes due to low enrollment, please register for fitness classes prior to the beginning date of each class.

## Zumba®

### Ages 14 years & Up

Let's face it, working out can be healthy, rewarding, and beneficial! Working out can be lots of things, but it's never been known to be an exhilarating experience...UNTIL NOW! Ditch the workout and join the party! Zumba® is a dance fitness program created by dancer and choreographer Alberto "Beto" Perez. The program combines Latin and international music with dance to make exercise fun. Once you try a class, you might just get hooked! Classes are about 45 minutes long including a cool-down and are taught by Shawn Naber, a certified Zumba® instructor.

**\*FREE Class:** 9/7

**\*No Class:** 11/23

**Fee:** \$40/ \$48 NR **Drop-In:** \$5.00

Code:	Date:	Day:	Time:
260022-30	9/12 - 10/12	M/W	5:30 pm - 6:15 pm
260022-31	10/17 - 11/16	M/W	5:30 pm - 6:15 pm
260022-32	11/21 - 12/21	M/W	5:30 pm - 6:15 pm

## All Level Yoga

### Ages 18 years & Up

All levels are welcome, from beginner to seasoned yogi. With regular practice of breath and postures you will become mentally and physically stronger. Expect to improve balance, coordination, flexibility, energy levels, endurance, muscle tone, motivation, health, mental alertness, and body awareness. A mat will be available for use if you do not bring your own. For more information visit [www.practiceyogawithjen.com](http://www.practiceyogawithjen.com).

**Fee:** \$32/ \$38 NR **Drop-In:** \$10.00

Code:	Date:	Day:	Time:
260022-21	9/8 - 9/29	Thur	6:00 pm - 7:15 pm
260022-22	10/20 - 11/10	Thur	6:00 pm - 7:15 pm
260022-23	12/1 - 12/22	Thur	6:00 pm - 7:15 pm

## Personal Training

Whether you are a beginner or want to take your fitness routine to a new level, our personal trainer can provide the personalized instruction, guidance, and support necessary to help you feel and see results. Interested participants should register for a one-on-one 30 minute personal trainer consultation. Your consultation will include discussing your fitness background and establishing fitness goals. This information will be used to create your personalized fitness routine. Whether you are male or female, looking to lean down, build muscle, or just simply feel healthier, our personal trainer can help!

### Single Sessions:

30 Minute Consultation Fee: \$20/ \$24 NR

30 Minute Training Fee: \$15/ \$18 NR

One Hour Training Fee: \$30/ \$36 NR

### 30 Minute Packages:

6 sessions = \$85/ \$102 NR

10 sessions = \$125/ \$150 NR

16 sessions = \$180/ \$216 NR

### 1 Hour Packages:

3 sessions = \$85/ \$102 NR

5 sessions = \$125/ \$150 NR

8 sessions = \$180/ \$216 NR



### Little Dribblers Ages 3 - 6 years

This is an introduction to the fundamentals of basketball instructed by Oregon High School head basketball coach, Quinn Virgil. Learn how to dribble, pass, and shoot. Parents will participate in helping their child learn the skills and have fun. All kids will receive a t-shirt. Classes are held at the Blackhawk Center.

\*Registration Deadline 9/26

Fee: \$25

<b>3 &amp; 4 yrs. Code:</b>	<b>Date:</b>	<b>Day:</b>	<b>Time:</b>
250026-01	10/3 - 10/24	Mon	6:00 pm - 6:45 pm
<b>5 &amp; 6 yrs. Code:</b>	<b>Date:</b>	<b>Day:</b>	<b>Time:</b>
250026-09	10/3 - 10/24	Mon	7:00 pm - 7:45 pm

**Find us on Facebook  
to see pictures from  
Oregon Park District activities!**

### 3rd & 4th Grade Basketball

Boys and girls, on separate teams, will learn the fundamentals of basketball, including dribbling, shooting, and passing. Practices are held on Monday and Wednesday at the Blackhawk Center, Nash, or Oregon Elementary. Games are played on Saturday in Oregon or surrounding towns. If you are interested in coaching, please contact Jonathan at (815)732-3101 or jonathan@oregonpark.org.

<b>Boys Code:</b>	<b>Date:</b>	<b>Day:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Deadline:</b>
250026-03	10/3 - 12/10	M/W/Sat	6:00 pm - 7:00 pm	\$40	9/19
<b>Girls Code:</b>					
250026-10	12/19 - 2/11	M/W/Sat	6:00 pm - 7:00 pm	\$40	12/5

### 5th & 6th Grade Basketball

Boys and girls, on separate teams, will learn the fundamentals of basketball, including dribbling, shooting, and passing. Practices are held on Tuesday and Thursday at the Blackhawk Center, Nash, or Oregon Elementary. Games are played on Saturday in Oregon or surrounding towns. If you are interested in coaching, please contact Jonathan at (815)732-3101 or jonathan@oregonpark.org.

<b>Boys Code:</b>	<b>Date:</b>	<b>Day:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Deadline:</b>
250026-04	10/4 - 12/10	T/Th/Sat	6:00 pm - 7:00 pm	\$55	9/19
<b>Girls Code:</b>					
250026-05	12/20 - 2/11	T/Th/Sat	6:00 pm - 7:00 pm	\$55	12/5

### 6th Grade Competitive Basketball

This upper level league raises the expectations of both the players and the coaches. This team will play a similar schedule to the 7th and 8th grade team. Home games will be played at Nash. The team will travel to away games on a bus with the Rahn Jr. High team. There will only be a limited number of spots open on this team so try-outs may be held on the first day.

<b>Boys Code:</b>	<b>Date:</b>	<b>Day:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Deadline:</b>
250026-06	9/26 - 12/3	M-S	3:30 pm - 5:30 pm	\$50	9/12
<b>Girls Code:</b>					
250026-07	12/26 - 2/25	M-S	3:30 pm - 5:30 pm	\$50	12/12

**Any sports registrations received after the deadline will be placed on a waiting list and charged a late fee of \$15.00.**

**Team space is limited. Registration is on a first-come, first-served basis.**

### Hawk Wrestling Club Grades Kindergarten - 8th

Hawk Wrestling is an IKWF program for wrestlers of all skill levels. It is run by coaches affiliated with the OHS wrestling program. The goal is to promote the sport of wrestling to the youth in the community and provide a great experience in the process. Practices are held at the OHS wrestling room on Mondays and Thursdays for all ages. An additional practice will be held on Wednesdays for participants 9 years and older. Included in the program fee is \$50 for a singlet deposit which will be refunded at the end of the year when the singlet is returned. A copy of the participant's birth certificate is required at the time of registration. Questions can be directed to Oscar Martinez at (815)732-3101.

<b>Code:</b>	<b>Date:</b>	<b>Day:</b>	<b>Time:</b>	<b>Fee:</b>	<b>Deadline:</b>
250029-01	11/28 - 3/10	M/W/Th	6:00 pm - 7:30 pm	\$115 / \$95 for each additional sibling	11/1



## Kickball Tournament

### Ages 13 years & Up

It's kickball time! Get your team together for this Saturday of fun. Nine players are on the field at a time and teams may be co-ed. The winning team will receive champion t-shirts and a championship trophy. Games will be played at Lions Park.

Fee: \$70 per team

Code:	Date:	Day:	Time:	Deadline:
250028-05	10/8	Sat	12:00 pm - 6:00 pm	10/4

## Dodgeball Tournament

### Ages 13 years & Up

Get your team together for a dodgeball tournament to be played at the Blackhawk Center. Teams are made up of six players and may be co-ed. The format is a double elimination tournament. The winning team will receive champion t-shirts and a championship trophy.

Fee: \$50 per team

Code:	Date:	Day:	Time:	Deadline:
250028-01	10/15	Sat	12:00 pm - 4:00 pm	10/11
250028-12	12/11	Sun	1:00 pm - 5:00 pm	12/6

## Wiffle Ball Tournament

### Ages 13 years & Up

Get a team together for our first ever wiffle ball tournament. Nine players are on the field at a time and teams may be co-ed. The winning team will receive champion t-shirts and a championship trophy. Games will be played at Park East.

Fee: \$70 per team

Code:	Date:	Day:	Time:	Deadline:
250028-13	10/23	Sun	12:00 pm - 6:00 pm	10/18

## Indoor Bags Tournament

### Ages 13 years & Up

Don't lose your bags skills just because it's winter. Grab a partner and play in our indoor bags tournament at the Blackhawk Center. Teams may be co-ed. The winning team will receive champion t-shirts and medals. Tournament day sign up will be available.

Fee: \$20 per team

Code:	Date:	Day:	Time:
250028-14	11/5	Sat	3:00 pm - 6:00 pm

## Private Softball Lessons

Sign up for private softball lessons with instructor Jamie Davison, former professional softball player for the Rockford Thunder. These lessons will help improve fundamentals such as hitting and fielding. Lessons will be held at the Blackhawk Center and are scheduled by Jamie Davison. Payment for lessons can be made in person at Nash Recreation Center or over the phone.

Code:	Fee:
150021-10	\$40.00 per 1 hour session \$36.00 per 1 hour session if you purchase 3 or more sessions at the same time

## Co-Ed Wallyball League

### Ages 18 years & Up

Get your group together for this "call your own wallyball league". Games will be played at Nash on Tuesday nights. Teams are made up of four people and can have any combination of men and women as long as the men do not out-number the women on the floor. A tournament will be played at the end of the regular season and champion t-shirts will be awarded to the winners. A captains' meeting will be held Thursday, October 27, at 6:30 pm at Nash.

\*Registration Deadline 10/25

Fee: \$75 per team

Code: 250028-03

Date:	Day:	Time:
11/1 - 1/17	Tue	6:30 pm - 8:30 pm



## Ladies Volleyball League

### Ages 18 years & Up

Calling all ladies! This league is for ladies only. This league is open to all levels of players from beginners looking to have fun with friends, to veterans looking to keep the competitive edge. Games will be played on Thursday nights at Nash or Blackhawk Center. No games will be played on 11/24. A tournament will be played at the end of the regular season and champion t-shirts will be awarded to the winners. A captains' meeting will be held Tuesday, November 1, at 6:30 pm at Nash. \*Registration Deadline 10/28

Fee: \$150 per team

Code: 250028-04

Date:	Day:	Time:
11/3 - 1/19	Thur	6:15 pm - 9:00 pm



## Tae Kwon Do Ages 8 years & Up

Tae Kwon Do is the most popular martial art in America today. As well as a noted form of self defense, Tae Kwon Do is a great stress reliever. It improves focus, concentration, balance, flexibility, and discipline while also improving overall physical and mental conditioning. Our instructors are highly trained and are connected to the Kukkiwon in Seoul, South Korea. For more information stop in to observe a class or go to <http://home.comcast.net/~oregontkd/>.

\*No Class: 10/31, 11/2

Code:	Date:	Day:	Time:	Fee:
250025-01	9/19 - 11/28	Mon	7:00 pm - 8:30 pm	\$33/ \$39 NR
250025-02	9/21 - 11/30	Wed	7:00 pm - 8:30 pm	\$33/ \$39 NR
250025-03	9/19 - 11/30	M/W	7:00 pm - 8:30 pm	\$55/ \$65 NR
250025-04	12/5 - 2/6	Mon	7:00 pm - 8:30 pm	\$33/ \$39 NR
250025-05	12/7 - 2/8	Wed	7:00 pm - 8:30 pm	\$33/ \$39 NR
250025-06	12/5 - 2/8	M/W	7:00 pm - 8:30 pm	\$55/ \$65 NR

**Register ANYTIME**  
[www.oregonpark.org](http://www.oregonpark.org)

## Tiny Tumblers Ages 2 - 4 years

In this class, your child learns to enhance their coordination, body control, basic tumbling, and flexibility through stretching and various movements. An adult is required to join the child in class to assist in their learning process. Classes are held at the Oregon Coliseum.

\*No Class: 11/22

Fee: \$72/ \$86 NR

Code:	Date:	Day:	Time:
260017-01	10/4 - 12/6	Tue	5:00 pm - 6:00 pm



## Beginner Tumbling Ages 4 - 14 years

This class involves stretching, conditioning, and basic progressive mat tumbling through running cartwheels and round-offs. Classes will be set up according to age. Classes are held at the Oregon Coliseum.

\*No Class: 11/24

Fee: \$72/ \$86 NR

### Ages 4-5 years

Code:	Date:	Day:	Time:
260017-02	10/6 - 12/8	Thur	5:15 pm - 6:15 pm

### Ages 6-8 years

Code:	Date:	Day:	Time:
260017-03	10/6 - 12/8	Thur	6:15 pm - 7:15 pm

### Ages 9 years & Up

Code:	Date:	Day:	Time:
260017-04	10/6 - 12/8	Thur	7:15 pm - 8:15 pm

## Advanced Beginner Tumbling Ages 6 years & Up

This class involves stretching, intense conditioning, and progressive mat tumbling. Forward and backward limbering series, running cartwheels and round-offs, and standing flip-flops will all be covered in this class. Requirements for this class include the ability to independently perform a backbend from a standing position then kickover or stand back up. Classes are held at the Oregon Coliseum.

\*No Class: 11/22

Fee: \$72/ \$86 NR

### Ages 6-8 years

Code:	Date:	Day:	Time:
260017-05	10/4 - 12/6	Tue	6:00 pm - 7:00 pm

### Ages 9 years & Up

Code:	Date:	Day:	Time:
260017-06	10/4 - 12/6	Tue	7:00 pm - 8:00 pm

## Tumbling For Cheerleaders Grades 5th - 12th

This tumbling class for cheerleaders involves basic tumbling skills which include standing flip-flops and a running series of flip-flops. Class will include other cheerleading skills such as jumps, motions and conditioning, tumbling to counts, and synchronized tumbling. Classes will be set up according to grade in school. Classes are held at the Oregon Coliseum.

\*No Class: 11/23

Fee: \$72/ \$86 NR

### Junior High

Code:	Date:	Day:	Time:
260017-07	10/5 - 12/7	Wed	6:00 pm - 7:00 pm

### High School

Code:	Date:	Day:	Time:
260017-08	10/5 - 12/7	Wed	7:00 pm - 8:00 pm

## Children's Center

These programs will help prepare your child for kindergarten as they learn to interact with their peers. All program supplies are included in the monthly payment. Children will receive a daily snack. Parents are asked to bring snacks twice per year. Request a parent handbook at Nash for more information. *Auto Payment is now available for this program. Inquire at Nash for more information.*



## Registration for the 2011-2012 School Year:

Registration is currently being taken for the 2011-2012 school year which begins September 1st and 2nd. A \$20 deposit (to be applied to your child's September tuition) and your child's birth certificate are required at registration. Children must toilet-trained and be the appropriate age by September 1, 2011. Registration for the 2012-2013 school year will begin in February. Watch for our 2012 Winter/Spring Activity Guide, available in mid-December, for all of the details.

**Oregon Park District encourages you to sign up for the auto payment option!**

## 3 Years Old

Learning through play is a child's principle means of discovering his/her world. During this two hour program the children are offered opportunities to develop social skills such as sharing, taking turns, and caring for others. Colors, shapes, name recognition and development of small motor skills, such as cutting and gluing, as well as large motor skills, are all part of the program.

Code:	Date:	Day:	Time:	Fee:
560010-05	9/1/11 - 5/31/12	Tu/Th	8:15 am - 10:15 am	\$75/ \$90 NR (per month)
560010-06	9/1/11 - 5/31/12	Tu/Th	10:45 am - 12:45 pm	\$75/ \$90 NR (per month)



## 4 Years Old

In this 2 3/4 hour kindergarten prep program children will play and learn through stories, songs, art, games, and gym activities. Cooperation, manners, and self-help skills are established through interaction with other children. Children develop readiness skills for kindergarten including math concepts, problem solving, capital and lowercase letters, and letter-sound recognition. Name printing is established. Children will go on field trips in the community.

Code:	Date:	Day:	Time:	Fee:
560010-07	9/2/11 - 5/30/12	M/W/F	8:15 am - 11:00 am	\$110/ \$132 NR (per month)
560010-08	9/2/11 - 5/30/12	M/W/F	12:00 pm - 2:45 pm	\$110/ \$132 NR (per month)



**Visit the Oregon Park District at [www.oregonpark.org](http://www.oregonpark.org) for updates and program information.**



## Computer Kids Ages 3 - 5 years

Computer Kids is a great opportunity for children to gain exposure to computers, especially the use of the mouse and more! Age-appropriate phonics, math, and reading skills will be offered through the use of a variety of games and exercises. One child per computer and two children per class. Classes are held at Nash. \*Registration Deadline Wednesday before class.

**Fee:** \$27/ \$33 NR

Code:	Date:	Day:	Time:
260011-01	9/13 - 9/27	Tue	1:00 pm - 1:50 pm
260011-02	10/4 - 10/18	Tue	1:00 pm - 1:50 pm
260011-03	11/1 - 11/15	Tue	1:00 pm - 1:50 pm
260011-04	12/6 - 12/20	Tue	1:00 pm - 1:50 pm





### Toddler Gym

#### Ages 18 months - 3 years

Let's head to the gym and burn off some energy! We'll march, jump, and skip. We will enjoy structured play, free play, and parachute time. A caregiver must accompany each child. Classes are held at Nash.

\*Registration Deadline 9/21

Fee: \$25/ \$30 NR

Code: 260016-21 Date: 9/28 - 11/16 Day: Wed Time: 10:00 am - 10:45 am



### Preschool Gym

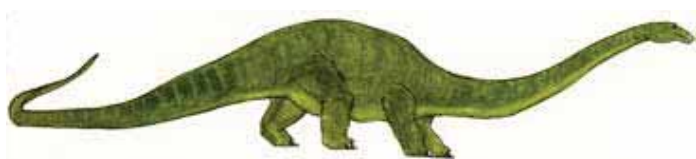
#### Ages 3 - 5 years

Let's head to the gym and burn off some energy! Preschoolers will enjoy dribbling, dancing, parachute play, and other gross motor activities. There will be free play time at the beginning of class followed by structured play activities. Classes are held at Nash.

\*Registration Deadline 9/21

Fee: \$32/ \$38 NR

Code: 260016-10 Date: 9/28 - 11/16 Day: Wed Time: 11:15 am - 12:00 pm



### I Dig Dinosaurs

#### Ages 3 - 5 years

Your little paleontologist will enjoy making a fossil and digging for dinosaurs. Books, creative movement, and songs will ensure a dino-rific time! Class will be held at Nash. \*Registration Deadline 9/23

Fee: \$12/ \$14 NR

Code: 260016-11 Date: 9/30 Day: Fri Time: 9:30 am - 11:00 am

### Mess Fest

#### Ages 3 - 5 years

Get ready for a mess! Preschoolers will enjoy mixing materials and creating clean mud, goop, and other messy things. Paint shirts provided, but please dress for a mess! Class will be held at Nash.

\*Registration Deadline 10/28

Fee: \$12/ \$14 NR

Code: 260016-12 Date: 11/4 Day: Fri Time: 9:30 am - 11:00 am



### Evening of Toddler Fun

#### Ages 18 months - 3 years

Toddlers and caregivers, enjoy one fun-filled evening of songs, action, rhymes, crafts, and parachute fun. Your little ones will have a ball in this class! Class will be held at Nash.

\*Registration Deadline 10/13

Fee: \$7/ \$8 NR

Code: 260016-05 Date: 10/20 Day: Thur Time: 6:00 pm - 6:45 pm

### Little Stars Acting Club

#### Ages 4 - 5 years

Puppets, masks, and costumes will help us explore the amazing world of acting. Children will perform in little scenes from stories and poems while they learn the basic tools of acting. Bring along a big imagination! Classes are held at Nash.

\*Registration Deadline 9/19

\*No Class: 10/10

Fee: \$18/ \$22 NR

Code: 260016-14 Date: 9/26 - 10/17 Day: Mon Time: 3:00 pm - 4:00 pm



### Animal Safari

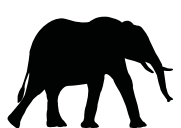
#### Ages 3 - 5 years

We have to be ever so quiet as we slowly make our way with our binoculars to see what awesome animals we will discover. We'll explore the wonder of the land through creative drama, poetry, stories, and movement to music. Shhh! I think that mother lion is waking up! Guaranteed fun and lots of imagination growth. Classes are held at Nash.

\*Registration Deadline 10/31

Fee: \$18/ \$22 NR

Code: 260016-15 Date: 11/7 - 11/21 Day: Mon Time: 3:00 pm - 3:45 pm





## Extended Time

### Grades Kindergarten - 6th

This fantastic before and after school program is designed for students in grades K - 6. It is a fun and safe place for your kids to go to before and after school. Youth participate in recreational supervised activities with experienced staff. Activities include organized games, arts & crafts, peer interaction, and even homework! Children meet at the Blackhawk Center ET Room immediately after school. A daily snack is provided. Days follow the Oregon School District calendar. Fees are paid monthly. Receive 10% off each additional sibling when you enroll your first child at full price. Monthly payments are due by the 25th of each month beginning in August.

*Auto Payment is now available for this program. Inquire at Nash for more information.*

#### Before School (4-5 days per week)

Code:	Date:	Day:	Time:	Fee:
960010-01	8/2011 - 5/2012	M-F	6:15 am - 7:50 am	\$68 per month

#### Before School (1-3 days per week)

Code:	Date:	Day:	Time:	Fee:
960010-02	8/2011 - 5/2012	M-F	6:15 am - 7:50 am	\$40 per month

#### After School (4-5 days per week)

Code:	Date:	Day:	Time:	Fee:
960010-03	8/2011 - 5/2012	M-F	3:00 pm - 6:00 pm	\$110 per month

#### After School (1-3 days per week)

Code:	Date:	Day:	Time:	Fee:
960010-04	8/2011 - 5/2012	M-F	3:00 pm - 6:00 pm	\$70 per month



## Recreate & Celebrate Days

### Grades Kindergarten - 6th

That's right! There is no school on these days so we have fun activities planned to fill your day. Don't sit at home in front of the T.V. Enjoy fun recreational activities. Snacks, games, play, peer interaction, and much more will be offered on each of these days. Bring a sack lunch unless otherwise specified. Children will meet at the Blackhawk Center.

Code:	Date:	Day:	Time:	Fee:	Theme:	Deadline:
960011-01	10/7	Fri	6:15 am - 6:00 pm	\$21	Monkey Joe's (lunch included)	9/30
960011-02	10/10	Mon	6:15 am - 6:00 pm	\$22	Goebbert's Pumpkin Patch	10/3
960011-03	11/11	Fri	6:15 am - 6:00 pm	\$30	CoCo Key (lunch included)	11/4
960011-04	11/23	Wed	6:15 am - 6:00 pm	\$20	Chuck E. Cheese's (lunch included)	11/16

## Kids Off The Couch Days

### Grades Kindergarten - 6th

On school improvement days, when classes get out at noon, bring a sack lunch and enjoy the afternoon with a great staff that cares about you. These afternoons will include time spent at the Nash pool, so don't forget your swimwear. Children will meet at the Blackhawk Center ET Room immediately after school.

Code:	Date:	Day:	Time:	Fee:	Deadline:
260015-01	8/26	Fri	12:00 pm - 6:00 pm	\$10	8/19
260015-02	12/16	Fri	12:00 pm - 6:00 pm	\$10	12/9



## Oregon Park District Tutoring Center

### Grades Entering 1st - Entering 4th

The Tutoring Center will provide one-on-one instruction for Math skill review and development. Customized lesson plans targeting specific skills for each child will be used while accommodating each child's learning style. You, along with your child's tutor, will determine the number of sessions based primarily on skill development and mastery. Sessions will be one hour in length. There will not be sessions on days off from school or during holiday breaks.

<b>Fee:</b>	\$25 per hour
<b>Dates:</b>	9/12 - 5/10
<b>Days:</b>	Monday, Tuesday, Wednesday, Thursday
<b>Time:</b>	3:30 pm - 4:30 pm



### Junior Actors Club

#### Ages 6 - 7 years

Puppets, masks, and costumes will help us explore the amazing world of acting. Children will perform in little scenes from stories and poems while they learn the basic tools of acting. Bring along a big imagination! Classes are held at Nash.

\*Registration Deadline 9/19

\*No Class: 10/10

Fee: \$18/ \$22 NR

Code:	Date:	Day:	Time:
260016-13	9/26 - 10/17	Mon	4:15 pm - 5:15 pm

### Young Magicians

#### Ages 5 - 12 years

Children will discover that magic tricks are easy to perform! All materials are provided and each child will learn a new trick every week. Tricks will involve cards, ropes, coins, and mind reading. Classes are held at the Blackhawk Center. \*Registration Deadline 9/29

\*No Class: 10/20

Fee: \$32/ \$38 NR

Code:	Date:	Day:	Time:
260015-28	10/6 - 11/17	Thur	6:00 pm - 7:00 pm

### The Wonderful World of Acting

#### Ages 8 - 12 years

Let's put on a show! Susan and Lucy (from The Lion, the Witch and the Wardrobe), Willy Wonka, and Charlie will all be part of our creative drama show. Participants will learn all the basic skills an actor needs. A performance for family and friends will be presented on the last day of class. Classes are held at Nash.

\*Registration Deadline 10/17

\*No Class: 10/31

Fee: \$42/ \$50 NR

Code:	Date:	Day:	Time:
260015-30	10/24 - 12/5	Mon	4:00 pm - 5:30 pm

### Mr. Popper's Amazing Penguins

#### Ages 6 - 8 years

We won't have to travel to the Arctic regions to explore these very awesome critters found in the favorite children's book, Mr. Popper's Penguins. We will learn about penguins, create scenes, and share some of the most delightful parts of this book. Waddle in and join us! Class will be held at Nash.

\*Registration Deadline 11/10

Fee: \$12/ \$14 NR

Code:	Date:	Day:	Time:
260016-16	11/17	Thur	4:00 pm - 5:30 pm

### 3D Holiday Art

#### Ages 8 - 14 years

Join us to make fun holiday projects and gifts to keep or give away as Christmas presents. Participants will learn 3D art techniques using a variety of materials such as paper mache, wire, wood, and clay. Projects will consist of ornaments, collages, picture frames, and more! Participants will take home several completed projects. Classes are held at Nash.

\*Registration Deadline 11/2

\*No Class: 11/23

Fee: \$36/ \$43 NR

Code:	Date:	Day:	Time:
260015-31	11/9 - 12/14	Wed	6:30 pm - 8:00 pm



### American Red Cross Babysitters' Training

#### Ages 11 years & Up

Learn how to care for children through lecture and hands-on activities. Some of the skills covered will be: injury prevention, emergency care, growth and development of children, basic care, safety and first aid, decision making, and leadership. Students will receive a babysitting handbook. CPR certification is not included in this class. Students should bring a sack lunch and money for the vending machine, if desired. Class will be held at Nash.

\*Registration Deadline 10/29

Fee: \$32/ \$38 NR

Code:	Date:	Day:	Time:
260015-06	11/5	Sat	8:00 am - 4:00 pm

### American Red Cross First Aid

#### Ages 11 years & Up

This American Red Cross course combines lecture, interactive video demonstrations, and hands-on training to teach participants lifesaving skills. Participants will learn first aid skills for treating a variety of injuries and sudden illnesses. Class will be held at Nash.

\*Registration Deadline 11/8

Fee: \$32/ \$38 NR

Code:	Date:	Day:	Time:
260015-32	11/15	Tue	5:00 pm - 8:30 pm



## Financial Classes Ages 18 years & Up

These classes taught by Cindy Byrd, a financial advisor for Edward Jones, will give you great information on where to start with your financial future. These are FREE programs held at Nash, but reservations are requested. Please call (815)732-3101 to make your reservation.

### Roll It, Take It, Leave It, Move It:

#### Know Your Employer Retirement Plan Options

You will learn how to handle your 401K, pension, or other employer-sponsored retirement plan when you leave your job. Knowing your options can help you make the right choice for your retirement saving.

Topics will include:

- The five most common distribution options
- How to avoid the IRS withholding 20% of your retirement
- Special considerations if you own employer stock
- Factoring taxes, penalties, and investment options

Fee: FREE \*Registration Deadline 9/15

Code:	Date:	Day:	Time:
260019-04	9/22	Thur	7:00 pm - 8:00 pm

### Take Stock In The Market

This seminar will explain basic stock terminology as well as time-proven strategies created to help you reach your financial goals. Better yet, this program takes only an hour, which makes sense itself! Learn some new strategies for investing in stocks.

Fee: FREE \*Registration Deadline 10/13

Code:	Date:	Day:	Time:
260019-05	10/20	Thur	7:00 pm - 8:00 pm

### Tax-Free Investing

Do you want more control over the taxes you pay? It's not what you make, it's what you keep. You will learn about:

- Tax-advantaged investments and their features
- Tax-free investment returns vs. taxable investment returns
- Three ways to purchase municipal bonds
- How tax-free investing can help you achieve your goals

Fee: FREE \*Registration Deadline 11/10

Code:	Date:	Day:	Time:
260019-06	11/17	Thur	7:00 pm - 8:00 pm

## Spanish 101 Ages 18 years & Up

Class instructor, Adele Clow, has many years of experience teaching Spanish classes. Sign up and learn the basics of speaking and writing Spanish. This class will be a lot of fun and very educational. At the end of the program, you will be able to speak some of the language and be ready to learn more. All participants will receive a workbook to keep as a resource. Classes will be held at Nash.

\*Registration Deadline 9/28

Fee: \$50/ \$60 NR

Code:	Date:	Day:	Time:
260019-03	10/5 - 11/9	Wed	7:00 pm - 8:30 pm

## Beginning Sign Language Ages 8 years & Up

This class will cover introductory signs from American Sign Language (ASL). You will learn basic communication in ASL, from finger spelling, to introducing yourself, to being able to carry on a short conversation completely in sign language. In each class you will learn signs from different categories, such as question words, places, food, signs for family members, and much more! All students will need to bring a copy of the book *Signing for Dummies* by Penilla and Taylor to class. Class will be held at Nash.

\*Registration Deadline 9/6

\*No Class 10/4

Fee: \$30/ \$36 NR

Code:	Date:	Day:	Time:
260019-01	9/13 - 10/11	Tue	6:15 pm - 7:30 pm



## Intermediate Sign Language Ages 8 years & Up

This class will build on the concepts taught in the Beginning American Sign Language (ASL) class. Students will further increase their sign language vocabulary and will be introduced to more complex ASL concepts. The book *Signing for Dummies* by Penilla and Taylor will be used in the class. Prerequisite: Completion of the Beginning ASL class, or knowledge of basic conversation and introductory sign language. Class will be held at Nash.

\*Registration Deadline 10/11

Fee: \$30/ \$36 NR

Code:	Date:	Day:	Time:
260019-02	10/18 - 11/8	Tue	6:15 pm - 7:30 pm

## Glass House In The Woods Ages 18 years & Up

Lant Huntley, certified arborist and local business owner, will share his tree expertise with you during this great educational opportunity. Go behind the scenes and into a secret glass classroom in the woods and enjoy a hands-on experience. Topics will include pruning trees and shrubs and learning about the most recent maladies prevailing with trees and shrubs. Participants should dress for the outdoors. Participants should meet at Huntley Woods Tree Research Center, 1382 North IL Route 2, Oregon, at 10:00 am.

Code: 260019-07

Date:	Day:	Time:	Fee:
10/22	Sat	10:00 am - 12:00 pm	\$5



## Halloween Carnival

### Grades Pre K - 5th

Put on your Halloween costume and come to Nash for the annual Halloween Carnival celebration. Try your hand at many games and win candy or prizes. Each child will receive 12 FREE tickets in a Halloween bag. Bring extra money for additional games and raffle tickets. Your name could be drawn to win great prizes donated by local businesses!

Grade:	Date:	Day:	Time:
Preschool	10/27	Thur	10:00 am - 11:30 am
K - 5th	10/27	Thur	3:30 pm - 5:00 pm



## Breakfast with Santa

Come to Nash in casual or holiday dress for a light breakfast with Santa. Enjoy time socializing with friends in a holiday atmosphere. Fill up with donuts, muffins, fruit, juice, and more. Children should be accompanied by at least one parent, but the whole family is invited. Take time to sit on Santa's lap and share your holiday wishes. You will also be able to make an ornament for your tree, listen to a holiday story, and enjoy holiday music. We encourage you to bring your camera or we can take a photo and mail it to you for a small fee. Register early to reserve your seat. Participants 2 years and younger are free. Parents should also register if they plan on enjoying breakfast. \*Registration Deadline 12/7

<b>Code:</b>	260018-01		
<b>Date:</b>	<b>Day:</b>	<b>Time:</b>	<b>Fee:</b>
12/10	Sat	8:30 am - 10:30 am	\$4/child \$5/adult \$5/child \$6/adult NR



## Fall Fun Scavenger Challenge

Familiarize yourself with the Oregon Park District's parks and facilities so you are ready for this awesome challenge. During the month of October, your family can play our Facebook Scavenger Challenge and possibly win a Family Fun Gift Basket. Check out the Oregon Park District Facebook page each Friday in October (posts made around 10:00 am) and check out our latest clue. Your family can work together to decipher the clues and visit the place the clue is telling you to go. You will be directed to take a picture at the mystery location (proof that you found it) and submit the photo via Facebook by the following Tuesday. Your family name will be entered in the drawing for the Family Fun Gift Basket (on display at Nash) for every correct find. This is a great family activity which will encourage teamwork, communication, fun, adventure, and the opportunity to become a friend of the Oregon Park District on Facebook.

<b>Date:</b>	<b>Fee:</b>
10/1 - 10/31	FREE



## Letters To Santa

### Ages 2 - 8 years

Do you have a wish list or a story to tell Santa? You can write a letter to jolly old St. Nick to tell him if you have been naughty or nice. Santa's elves will be installing a mailbox at Nash for your letter to be mailed. Be sure to enclose an envelope with a 44 cent stamp and your return address. Watch your mailbox for a special letter from the North Pole. Letters can be mailed beginning November 7 through December 15.



## Mother/Daughter Holiday Tea

Enjoy holiday decor, sights and scents, and casual elegance at the Patchwork Inn. Live music by local talent, Mary Ley, is an added joy. Tantalize your taste buds at this holiday tea with dainty dishes, sweet morsels, and finger sandwiches. This special tea and time together will be a cherished lifetime memory for mothers, daughters, and grandmothers. Dress in your holiday attire and enjoy this time at the beautiful Patchwork Inn. \*Registration Deadline 11/28

<b>Fee:</b>	\$10/mother \$8/daughter \$12/mother \$10/daughter NR		
<b>Code:</b>	<b>Date:</b>	<b>Day:</b>	<b>Time:</b>
260018-16	12/4	Sun	1:30 pm - 3:00 pm



### Build-A-Birdhouse Contest

If you enjoy birds, woodworking, friendly competition, and need a fun winter project, this contest is for you. Design your own birdhouse or create one from an existing pattern. Cut and assemble your house and embellish it if you choose. Specific contest rules and entry forms are available at Nash Recreation Center or at [www.oregonpark.org](http://www.oregonpark.org). Judging will take place in the spring and the birdhouses will be on display at Nash and at Merlin's Spring Open House. Some houses may be chosen by the Park District Parks Department to be on display and for use along the bird boardwalk (part of the Park West improvement plan). Contest is co-sponsored by Merlin's Greenhouse and ACE Hardware. Birdhouses must be completed by April 1.



Completion Date: 4/1  
Fee: FREE

Visit the Oregon Park District at [www.oregonpark.org](http://www.oregonpark.org) for updates and program information.

### Photography Contest



Give us your best shot! The rules of this community-wide amateur photo contest are simple. As you enjoy the Oregon Park District parks, facilities, and recreation programs, capture these moments on your camera. Submit them by October 15, 2011, for a chance to win a prize and have

your picture appear in the Oregon Park District Winter/Spring Activity Guide. The entry form and contest rules are available at [www.oregonpark.org](http://www.oregonpark.org).

### Holiday Light Contest

Enter your family's, friend's, or neighbor's Oregon home in the 3rd Annual Holiday Lights Home Decorating Contest. Simply complete the entry form at [www.oregonpark.org](http://www.oregonpark.org) by December 1 to be entered in this FREE contest. Homes, with Oregon addresses, will be judged the week of December 5. The 1st place winner will receive an annual family membership to Nash Recreation Center, a sign for their yard, and \$50 in gift cards. Winners will be announced on Monday, December 12. The 2011 Holiday Light Contest is co-sponsored by Merlin's Greenhouse, ACE Hardware, and Lauer's Signs.

### Holiday Gift Fair

The 2nd annual Holiday Gift Fair is one of the many attractions you won't want to miss during this year's Candlelight Walk. The Gift Fair, located at the Oregon Coliseum, is home to the Forward Oregon warming station, refreshments, entertainment, and, of course, a convenient holiday "shopping sampler" all under one roof. Stop in and find unique holiday gifts and register to win great prizes. Contact Debbie Leffelman at (815)732-3101 or [debbie@oregonpark.org](mailto:debbie@oregonpark.org) if you are a crafter or vendor interested in a booth space.

Date: 11/26  
Day: Sat  
Time: 4:00 pm - 8:00 pm



### Holiday Light Displays

Enjoy the holiday light display at Mix Park on Route 2 and also at Park East off of River Road. Local businesses are welcome to sponsor additional light displays. Sponsors will be recognized and the lights will be enjoyed by all. The display will be lit from Oregon's Candlelight Walk, November 26, 2011, through New Year's Day, January 1, 2012.





### Stump Jumpers

This nature walk is held the first Thursday of each month, April through November, at 9:00 am. A different location is chosen for each month. Meet at Nash Recreation Center to travel to the walk location. Registration at the Oregon Park District is required.

Code:	Date:	Time:	Location:	Fee:
260019-16	9/1	9:00 am	Nachusa Grasslands	\$3
260019-17	10/6	9:00 am	Byron Forest Preserve (fall picnic)	\$3
260019-18	11/3	9:00 am	Severson Dells	\$3

### Friday Fun @ Nash

The fun continues at the Friday Fun event held the second Friday of each month at Nash Recreation Center. A potluck lunch is held at 11:30 am followed by the program at 12:15 pm. Bring a dish to pass and join us for lunch or you may choose to just attend the program. This is a free program, but reservations are requested. Please call (815)732-3101 to make your reservation.

Date:	Theme:
9/9	Allen Reed - Beekeeping
10/14	Jim Petit - Secretary of State Drivers Department
11/11	Bud Wiener - Blackhawk War
12/9	Keebler's Kids - Holiday Music Performance



### Pool Table Tournament

Join us at Rock River Center for a pool table tournament. Every player will play a minimum of two games during each tournament. All levels of expertise are welcome. Please sign up at Rock River Center one week in advance.

Fee:	Date:	Day:	Time:	Deadline:
FREE	10/19	Wed	9:00 am - 12:00 pm	10/12

All Rock River Center participants must register at the Rock River Center for classes and trips unless otherwise noted.

### Activities for Adults at Rock River Senior Center

Many additional activities, programs, and classes sponsored by Oregon Park District are offered at Rock River Center located at 215 Washington Street, Oregon, IL. Stop in for a tour of the facility. More information on programs and classes is available by phone, (815)732-3252, or on the web at [www.rockrivercenter.com](http://www.rockrivercenter.com). Rock River Center is open M-F from 8:30 am - 4:30 pm. Regular activities include bingo, cards, dominoes, line dancing, pool, potluck lunches, book club, crafting, quilting, and writing memories. Many volunteer opportunities are also available.

### Kenosha Civil War Museum (Kenosha, WI)

Bring history alive with a visit to the Civil War Museum. The Civil War Museum focuses on the role of six Upper Middle West states and tells the personal stories of men, women, and children before, during, and after the Civil War. The main exhibit, The Fiery Trial, takes visitors back in history through state-of-the-art technology and interactive exhibits. The museum includes a gift shop and an outdoor terrace with stunning views of Lake Michigan. Register at the Rock River Center for this trip.

Date:	Day:	Time:	Fee:
10/12	Wed	8:30 am - 5:30 pm	\$60

### A Fireside Christmas at the Fireside Theatre (Ft. Atkinson, WI)

This season we return to the tradition that has made The Fireside the number one choice for Christmas entertainment for hundreds of thousands of people from around the nation and around the world as we present an all new edition of "A Fireside Christmas". Named one of the country's finest attractions, The Fireside's Christmas show resumes its long history of beautiful singing, breath-taking dancing, gorgeous costumes, rib-tickling fun, and a deeply spiritual commitment to the real meaning of the holiday. It's always original with new songs, new dances, and a new cast but the heart of the show never changes. It is the perfect way for the whole family to capture the holiday spirit. It is, simply, one of the best Christmas venues you'll ever see. Please register for this trip at the Rock River Center.

Date:	Day:	Time:	Fee:
12/1	Thur	8:45 am - 5:30 pm	\$75



## Chestnut Mountain Ski Trip Grades 6th & Up

It's time to hit the slopes for a day of fun with friends and family in the snow! Geared toward all levels of skiers and snowboarders, Chestnut Mountain in Galena, IL, is the place to be. There is no school, so students will enjoy this getaway. The trip price does not include meals. Children under 6th grade are welcome with a parent. Transportation will be provided by school bus. \*Registration Deadline 1/9

**Code:** 260020-01    **Date:** 1/16    **Day:** Mon    **Time:** 7:30 am - 8:45 pm

**Fee:**

**Package A** \$67 - Lift, Lesson, Ski Rental

**Package B** \$67 - Lift, Lesson, Snowboard Rental

**Package C** \$72 - Lift, Lesson, Blade Rental

**Package D** \$54 - Lift, Lesson

**Package E** \$44 - Lift



The Oregon Park District is proud to be able to offer charter coach trips in conjunction with Rockford Charter Coach. The Oregon Park District has been guaranteed 10 seats on each trip. Once the 10 seats are filled we do have the ability to reserve more seats if available. Pick-up will be at the Rockford Airport. Sign up early to reserve your seat!

## Mall of America

Since opening in 1992, Mall of America has revolutionized the shopping experience and become a leader in retail, entertainment, and attractions. As one of the top tourist destinations in the country, Mall of America has earned a national reputation for entertaining guests. Leave the driving to Rockford Charter Coach and enjoy your stay at the Park Plaza Hotel which includes 2 hot breakfast buffets and take advantage of the shuttle service from the hotel to the mall. While at the Mall of America you can enjoy the 520 stores, 50 restaurants, and attractions which include: Nickelodeon Universe, American Girl Store, Amazing Mirror Maze, and the Sea Life Minnesota Aquarium. Also remember, there is no sales tax on clothing or shoes! \*Registration Deadline 10/17

**Fee:** \$215/ \$230 NR (based on double occupancy)

**Code:** 260020-11    **Date:** 11/11 - 11/13    **Day:** Fri/Sa/Su    **Time:** 6:30 am - 6:30 pm

**Visit the Oregon Park District at [www.oregonpark.org](http://www.oregonpark.org) for updates and program information.**

Four packages are transferable but not refundable if a request for cancellation is received less than 30 days prior to the event.

## The Marvelous Wonderettes at Circa 21

The "Marvelous Wonderettes" takes you to the 1958 Springfield High School prom where we meet the Wonderettes - Betty Jean, Cindy Lou, Missy, and Suzy - four girls with hopes and dreams as big as their crinoline skirts, and voices to match. We are treated to the girls performing beautifully arranged renditions of the feel-good, close harmony girl group hits of the 50's and 60's. Enjoy such hits as "Mr. Sandman," "Lollipop," "Mr. Lee," "Dream Lover," "Heatwave," "It's In His Kiss," and much more. This trip includes motor coach transportation, lunch, and event fees. \*Registration Deadline 10/17

**Fee:** \$79/ \$98 NR

**Code:** 260020-12    **Date:** 11/2    **Day:** Wed    **Time:** 9:00 am - 6:30 pm

## Christmas Holiday Shopping

Experience Christmas shopping at its absolute best. The "Magnificent Mile" has a phenomenal venue of stores like Nike, Saks Fifth Avenue, Bloomingdales, etc. A diverse selection of great dining also awaits you. You'll delight in the holiday atmosphere that only Chicago brings during this magical time of the year. No need to worry about traffic, tolls, or parking fees. Rockford Charter Coach will take care of the hassles so you can focus on a fun day of shopping. \*Registration Deadline 11/19

**Fee:** \$35/ \$43 NR

**Code:** 260020-03    **Date:** 12/3    **Day:** Sat    **Time:** 7:15 am - 8:00 pm



## Oregon Park District Party Rentals

### Party Like A Sports Star

If you want to have a fun-filled sports party then this is definitely the party you want to throw! Your party will take place at the Blackhawk Center. It will include two hours of sports where you can hit baseballs/softballs in the batting cages, play badminton, and play tennis. You can even play basketball where our Oregon teams play. The room that you will be in also has a refrigerator in it for your food and beverages. The rental fee includes up to 30 people. Contact the Athletic Facility Manager for more information.

Fee: \$60/ \$70 NR

### Wii Gaming Party

Have your next group outing or birthday party at the Oregon Park District! Up to 15 guests will enjoy our Wii interactive virtual video games that you control by running, kicking, throwing, or jumping. One of our gaming instructors will serve as your virtual guide and host. An array of games will be provided or you can bring your own. Parties must be booked at least two weeks in advance and are available on a first-come, first-served basis. Space will be available for refreshments and opening presents. The fee includes room rental for two hours, use of the Wii gaming system, and daily fees for up to 15 people.

Fee: \$60/ \$70 NR



### Private Rental

#### After Hours Pool Party

Celebrate your event with the Nash Recreation Center pool all to yourself! These parties occur after the facility has been closed to the general public and pass holders. The rental fee includes up to 50 guests. Each additional guest is \$5.

Fee: \$150/hour

### Splash Bash Pool Party Package

Bring family and friends to celebrate a special occasion or to just have fun at the Nash Recreation Center. The fee includes a party room for one hour and daily pool fee for up to 25 people. Each additional guest is \$2.

Fee: \$50/ \$60 NR

### Party Times

Party times are available during all open swim hours. Please see the pool schedule for specific times.

- \*All guest admissions must be paid for regardless if swimming or not.
- \*Refunds will be considered only if notice is given 10 days in advance.
- \*Reservations are required at least 2 weeks in advance.

## Oregon Park District Facilities

### Indoor Recreation Facilities

**Nash Recreation Center** - 304 South Fifth Street

Amenities: 2 basketball courts, indoor pool, locker rooms, fitness center, 2 multi-purpose rooms, 2 racquetball courts, snack bar, outdoor playground, Children's Center, and administrative offices

**Blackhawk Center** - 1101 Jefferson Street

Amenities: 4 basketball courts, 2 batting cages, weight room, aerobics room, classroom, locker rooms, and track

The Nash Recreation Center has meeting and banquet rooms along with gym space available for rental.

Reservations can be made at Nash Recreation Center or by phone at (815)732-3101.

Room	Capacity	Fee	Add'l Hr.
Rooms 1 & 2	75-100	\$30/ \$35 NR	\$15/ \$20 NR
Room 5	25	\$20/ \$25 NR	\$10/ \$15 NR
Gym (half)	100	\$25/ \$30 NR	\$20/ \$25 NR



The Oregon Park District owns and/or maintains 9 parks and recreation areas. There are 8 shelters available to rent for a small fee. Reservations can be made at Nash Recreation Center or by phone at (815)732-3101.

**Park West** - 1402 Koontz Place  
With 2 horseshoe courts, 2 sand volleyball courts, 2 ball diamonds, 4 tennis courts, 2 basketball courts, 4 shelters, grills, 2 playgrounds, an open play area, and a walking trail, this park has just about everything you need for a great day outdoors.



**Park East** - 200 Jones Terrace/120 River Road  
Split by River Road this park has many options for recreation including a ball diamond, 2 shelters, grills, 2 playgrounds, an open play area, river fishing, basketball court, and a walking trail.



**Lions Park** - 809 Webster St.  
This park has a ball diamond, shelter, playground, and open play area.

**Kiwanis Park** - 201 N. 2nd St.  
This park has a shelter and access for river fishing.



**Mix Park** - 701 S. 4th St.  
Located in the middle of Oregon, this park's amenities include a shelter, grill, playground, open play area, and basketball court.

**Fairground Park** - 607 Fair Park Dr.  
The Oregon Park District's newest park has a ball diamond, shelter, grill, gazebo, playground, open play area, basketball court, and a walking trail.



	Shelter	Capacity	Tables	Fee
1.	Upper Park West Shelter	30-40	6	\$15/ \$20 NR
2.	Lower Park West Shelter	40-60	10	\$20/ \$30 NR
3.	Inland Park East Shelter	100-120	20	\$20/ \$30 NR
4.	River Park East Shelter	40-50	9	\$20/ \$30 NR
5.	Lions Park Shelter	20-30	5	\$20/ \$30 NR
6.	Kiwanis Park Shelter	20-40	4	\$15/ \$20 NR
7.	Mix Park Shelter	30-40	6	Free
8.	Fairground Park Shelter	40-60	10	\$20/ \$30 NR

**Carnation Park**  
- 1 Webster Street  
River fishing and a walking trail are available.

**Williams Park**  
- 1101 Illinois Street  
This park has an open play area.

**Pioneer Park**  
- Chana Road & Depot Street, Chana, IL  
This park has an open play area.



### Oregon Coliseum

The City of Oregon has partnered with the Oregon Park District for management purposes of the Oregon Coliseum. The Oregon Park District is excited to offer an additional rental facility to the community that will be accompanied by the same great service our patrons are accustomed to. The facility will be host to many Oregon Park District activities and events and will be available to patrons for family reunions, special meetings, wedding receptions, and other gatherings. Please call (815)732-3101 to reserve the Coliseum today.

### Affiliate Groups & Programs

Several independent organizations in Oregon use Park District property and facilities and/or provide special programs not offered by the Park District.

**Village of Progress**  
710 South 13th Street  
Oregon, IL 61061  
(815)732-2126

As an affiliate group, the Oregon Park District relies heavily on the Village of Progress for services offered to meet the needs of the developmentally disabled. The Oregon Park District will refer any customers/patrons who are in need of the services offered by the Village of Progress to the appropriate staff at the Village of Progress.

**Ruby Nash Museum**  
111 North 6th Street  
Oregon, IL 61061  
(815)732-7545

The Ogle County Historical Society and Ruby Nash Museum are both affiliate groups to the Oregon Park District. The Ruby Nash Museum contains many Ogle County historical collections including artifacts, books, maps, and photos. The Museum is open for tours on Thursdays from 9:00 am - 12:00 pm (year round) and on Sundays from 1:00 pm - 4:00 pm (April - October). Admission is free.

### Forward Oregon

The Oregon Park District proudly supports Forward Oregon. This not-for-profit organization strives to give Oregon area residents the best quality of life through promoting business, tourism, education, and instilling pride in the community for its parks and heritage.



Would you like to become part of the Oregon Park District's "Friends of the Park"? "Friends of the Park" is a group of volunteers who wish to see continued success of the Oregon Park District. This group will become a positive way for the Oregon Park District to solicit feedback and distribute information. Contact Erin Folk, Superintendent of Recreation, at (815)732-3101, or erin@oregonpark.org for more information.



### Elite Pacers Club 2012

If you log 1,000 miles in our Fitness Center by the end of October, 2012, you will receive an Elite Pacers Club T-shirt. After your workout, simply fill out one of our Pacers Club cards and drop it in the box. We will then enter your workout information into our computer. All miles and/or time will be converted into bike miles. The totals will be posted every Monday. If you are a new member, please ask the fitness supervisor on duty and they will explain how to record your miles.

### Americans with Disabilities Act

The Oregon Park District is happy to comply with the spirit of the Americans with Disabilities Act. If you need special accommodations (such as an interpreter or physical assistance), please call the Oregon Park District (TDD or Voice) two weeks in advance so that we may make the necessary arrangements for you.

### Lost & Found

Lost and found articles are kept a maximum of 60 days and then donated to charitable organizations. If you think you or a family member may have lost something in one of our parks or facilities, please call or visit Nash Recreation Center.

### Scholarship Program

The Oregon Park District believes that every child should have an opportunity to participate in recreational programs regardless of financial hardship. For this reason, the Oregon Park District offers scholarships to Park District residents for reduced program rates according to financial need. Application forms are available at Nash Recreation Center or online at [www.oregonpark.org](http://www.oregonpark.org). Applicants for scholarships are not guaranteed program registration or choice of program location. Scholarship fund availability cannot be guaranteed.

### Memorial Tree

Donate a tree in memory of a loved one. You can choose the type of tree and park location. Contact the Park District for more information about this program.

### Bird Walk

Enjoy a scenic walk through the parks while enjoying nature's winged friends. Each bird location features a bird habitat structure that simulates the bird's natural habitat. Pick up your guide at Nash Recreation Center.

### Photo Policy

The Oregon Park District and/or professional photographers under contract may videotape or take photographs of participants in Park District activities, classes, programs, or parks. These photographs and videotapes are used for future recreation guides and brochures.

### FREE Rental Of Fishing Equipment

Would you like to go fishing but lack the equipment? The Oregon Park District has partnered with T.J.'s Bait Shop to offer sport fishing equipment through the IDNR. Fishing rods, reels, and tackle are available to borrow at T.J.'s Bait Shop, 305 South 1st Street, Oregon.

### Night Fishing Permits

You can now fish at night in Oregon Park District Parks by purchasing a required Night Fishing Permit. Permits are available at Nash for \$20.00 and are valid thru 12/31/11.

### YouTube Video Series

Visit [www.youtube.com](http://www.youtube.com) and search Oregon Park District to view the latest videos of the District. Each video has a unique and informative topic about the Oregon Park District and the community we live in.

## Oregon Park District Gift Cards

An easy and convenient gift for everyone!



### Great for:

- Holidays
- Birthdays
- Anniversaries
- New Parents
- Thank You
- Retirement
- Graduation
- Mother's Day
- Father's Day

Gift cards are available for passes as well as our many programs. For more information, inquire at Nash Recreation Center.



### Volunteer Opportunities

The Oregon Park District has many different volunteer opportunities available to community members both young and old. The District relies heavily on the volunteer efforts of the community. Volunteers allow for reduced program costs and higher quality programming. The Oregon Park District would like to invite you to become an Oregon Park District volunteer. If you are interested, please complete an information form available at [www.oregonpark.org](http://www.oregonpark.org) or at Nash Recreation Center.

### Youth Basketball Coach

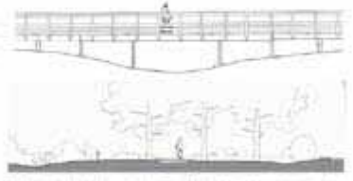
Coaches are needed for all levels of basketball. Coaching requires the commitment of practices and games for the season. It requires time making phone calls to players and interacting with parents.

### Halloween Carnival

Volunteering will require a commitment on the day of the Halloween Carnivals. Volunteering may include running carnival games, sorting candy, assisting with raffle, decorating the gymnasium, assisting staff, or selling tickets.



Splash Pod



Boardwalk and Trail Improvements



Bioswales

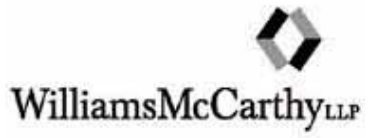


Skatepark

Visit Park West and see the new improvements!

### Sponsors

The Oregon Park District would like to thank the following sponsors for their gracious sponsorship donations for 2011. Each donation is allocated to help offset the costs of programs and events to all patrons. Each of these sponsors has donated in excess of \$500. Any local business owner who is interested in becoming an Oregon Park District sponsor may do so by contacting Erin Folk, Superintendent of Recreation, at (815)732-3101, or [erin@oregonpark.org](mailto:erin@oregonpark.org).





# Oregon Park District Registration Form - Please fill out completely.

"We Create Fun For A Lifetime"

## Family Information

Family Last Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Emergency Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

If registering a child please include:

Name of Parent \_\_\_\_\_ Parent's Phone \_\_\_\_\_

Name of Parent \_\_\_\_\_ Parent's Phone \_\_\_\_\_

## Program Registration

Participant's Name	Sex	Birthdate	Grade	Shirt Size	Activity Name	Activity Code	Fee
	<input type="checkbox"/> M <input type="checkbox"/> F						<input type="checkbox"/> R <input type="checkbox"/> NR \$
	<input type="checkbox"/> M <input type="checkbox"/> F						<input type="checkbox"/> R <input type="checkbox"/> NR \$
	<input type="checkbox"/> M <input type="checkbox"/> F						<input type="checkbox"/> R <input type="checkbox"/> NR \$
	<input type="checkbox"/> M <input type="checkbox"/> F						<input type="checkbox"/> R <input type="checkbox"/> NR \$

## Pass Information

Passholder's Name	Sex	Birthdate	Age	Pass Type	Fee
	<input type="checkbox"/> M <input type="checkbox"/> F			<input type="checkbox"/> Annual <input type="checkbox"/> Quarter <input type="checkbox"/> 10-Punch <input type="checkbox"/> Water Aerobics <input type="checkbox"/> Twinges <input type="checkbox"/> Adult <input type="checkbox"/> Student <input type="checkbox"/> Senior <input type="checkbox"/> Senior Couple	<input type="checkbox"/> R <input type="checkbox"/> NR \$
	<input type="checkbox"/> M <input type="checkbox"/> F			<input type="checkbox"/> Annual <input type="checkbox"/> Quarter <input type="checkbox"/> 10-Punch <input type="checkbox"/> Water Aerobics <input type="checkbox"/> Twinges <input type="checkbox"/> Adult <input type="checkbox"/> Student <input type="checkbox"/> Senior <input type="checkbox"/> Senior Couple	<input type="checkbox"/> R <input type="checkbox"/> NR \$
	<input type="checkbox"/> M <input type="checkbox"/> F			<input type="checkbox"/> Annual <input type="checkbox"/> Quarter <input type="checkbox"/> 10-Punch <input type="checkbox"/> Water Aerobics <input type="checkbox"/> Twinges <input type="checkbox"/> Adult <input type="checkbox"/> Student <input type="checkbox"/> Senior <input type="checkbox"/> Senior Couple	<input type="checkbox"/> R <input type="checkbox"/> NR \$
	<input type="checkbox"/> M <input type="checkbox"/> F			<input type="checkbox"/> Annual <input type="checkbox"/> Quarter <input type="checkbox"/> 10-Punch <input type="checkbox"/> Water Aerobics <input type="checkbox"/> Twinges <input type="checkbox"/> Adult <input type="checkbox"/> Student <input type="checkbox"/> Senior <input type="checkbox"/> Senior Couple	<input type="checkbox"/> R <input type="checkbox"/> NR \$

## Payment Information

Total Fee \$ \_\_\_\_\_

Cash  Gift Certificate

Check Check Number \_\_\_\_\_

Credit Card

Card Number \_\_\_\_\_ Exp \_\_\_\_\_

Card Holder Signature \_\_\_\_\_

## Please review and sign the waiver.

**WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK**  
 Please read this form carefully and be aware that in signing up and participating in this program(s), you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program(s) (including transportation services and vehicle operations, when provided). I recognize and acknowledge that there are certain risks of physical injury to participants in this program(s), and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program(s) against the Oregon Park District, including its officials, agents, volunteers and employees. I have read and fully understand the above waiver and release of all claims and assumption of risk.  
**PARTICIPATION WILL BE DENIED...**If the signature of adult participant or parent/guardian and date are not on the waiver.

X \_\_\_\_\_  
 Participant's Signature Date  
 (18 Years or older or Parent/Guardian)

 Oregon Park District  
 304 South Fifth Street  
 P.O. Box 237  
 Oregon, IL 61061  
 Phone: (815)732-3101  
 Fax: (815)732-3736



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