

Nash Pool Schedule June 2009 - August 2009

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM	Lap Swim 6:00am-8:00am					
7:00 AM						
8:00 AM						
	Water Aerobics 8:00am-9:00am					Lap Swim 7:30-10:30am
9:00 AM		Swim Lessons 9:00am-10:30am	Swim Lessons 9:00-10:30am	Swim Lessons 9:00am-10:30am	Swim Lessons 9:00-10:30am	
10:00 AM						
10:30am	VOP 10:30-11:00am	Multi-Use 10:30-11:30am		Multi-Use 10:30-11:30am		
11:00 AM			Twinges 10:30-11:30am		Twinges 10:30-11:30am	
		Lap Swim 11:30am-1:00pm	Lap Swim 11:30-1:00pm	Lap Swim 11:30am-1:00pm	Lap Swim 11:30-1:00pm	
12:00 PM	Lap Swim 11:30-1:00pm					Open Swim 1:00-4:00pm
1:00 PM		Twinges 1:00-2:00pm		Twinges 1:00-2:00pm		
2:00 PM						
3:00 PM	Open Swim 2:00-5:00pm	Open Swim 2:00-5:00pm	Open Swim 2:00-5:00pm	Open Swim 2:00-5:00pm	Open Swim 2:00-5:00pm	
4:00 PM						
5:00 PM	Lap Swim 5:00-6:30pm	Lap Swim 5:00-6:30pm	Lap Swim 5:00-6:30pm	Lap Swim 5:00-6:30pm	Lap Swim 5:00-6:30pm	
6:00 PM						
	Multi-Use 6:30-7:00pm		Multi-Use 6:30-7:00pm			
7:00 PM	Water Aerobics 7:00-8:00pm		Water Aerobics 7:00-8:00pm		Open Swim 6:30-8:45pm	
8:00 PM		Open Swim 7:30-8:45pm		Open Swim 7:30-8:45pm		